

A TOOLKIT FOR DEFENDING PHYSICAL EDUCATION, PHYSICAL ACTIVITY AND HEALTH

Why Physical Education?

Why Children Need Physical Education

http://iweb.aahperd.org/naspe/pdf_files/childrenNeedPE.pdf

What Constitutes a Quality Physical Education Program?

<http://www.aahperd.org/naspe/template.cfm?template=qualityPePrograms.html>

Physical Education is Critical to a Complete Education

http://www.aahperd.org/naspe/pdf_files/pos_papers/pe_critical.pdf

Difference Between Physical Education and Physical Activity

<http://iweb.aahperd.org/naspe/template.cfm?template=difference.html>

Quality Physical Education

http://iweb.aahperd.org/naspe/template.cfm?template=publications-nationalstandards_3.html

Top Ten Reasons for Quality Physical Education

http://www.aahperd.org/naspe/pdf_files/top10reasonsforQualityPE.pdf

Comprehensive School Physical Activity Programs

Comprehensive School Physical Activity Programs

http://iweb.aahperd.org/naspe/pdf_files/CSPAP_Online.pdf

Comprehensive School Physical Activity Programs Package

http://iweb.aahperd.org/naspe/pdf_files/CSPAP_Package.pdf

Issues

CDC Student Health and Academic Achievement

http://www.cdc.gov/HealthyYouth/health_and_academics/index.htm

Opposing Substitution and Waivers/Exemptions for Required Physical Education

http://www.aahperd.org/naspe/pdf_files/pos_papers/OpposingSubstitutionWaiverExemptions.pdf

Surveys

Public Attitudes Toward Physical Education—Are Schools Providing What the Public Wants?

http://www.aahperd.org/naspe/pdf_files/survey_public.pdf

Adults/Teens Attitudes Towards Physical Activity and Physical Education

http://www.aahperd.org/naspe/pdf_files/survey_adults.pdf

Parents Views of Children's Health & Fitness

http://www.aahperd.org/naspe/pdf_files/survey_parents.pdf