



# JUMP ROPE AND HOOPS FOR HEART GRANT APPLICATION

## PURPOSE

The purpose of the AzAHPERD Jump Rope and Hoops for Heart Grant is to promote Jump Rope and Hoops For Heart programs in the K-12<sup>th</sup> grade school system and the improvement of Physical Education programs.

## CRITERIA

Eight \$250.00 grants will be distributed to schools throughout Arizona that have held a JRFH or a HFH event the previous two consecutive years and presently be registered to hold an event during the current year. Two \$250.00 grants will be distributed to schools holding an event for the first time that are presently registered to hold an event during the current year. All applications must be postmarked by August 14, 2009. A one-page narrative evaluation will be submitted to the AzAHPERD JRFH/HFH Coordinator by the end of May 2010.

## COVERAGE

Ten \$250.00 one-year grants will be awarded.

## EVALUATION PROCESS

The evaluation team will consist of the AzAHPERD JRFH/HFH Coordinator and Youth Market Directors from the American Heart Association. To be considered for a grant, applicants must meet the required deadline and present a completed application. Each recipient will be required to submit a one-page narrative in May 2010 describing the results of the project and changes, which occurred due to the grant funding. If any information on the grant application is found to be inadequate, or if the recipient fails to complete their JRFH/HFH event or evaluation report, the recipient agrees to return any and all monies upon request.

### Please Provide The Following Information:

Name: \_\_\_\_\_

School: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone #: \_\_\_\_\_ Email Address: \_\_\_\_\_

Number of years your school has had an event: \_\_\_\_\_

Number of years you have coordinated an event: \_\_\_\_\_

Date of 2007-2008 year event: \_\_\_\_\_ Date of 2008-2009 event: \_\_\_\_\_

Date of 2009-2010 year event: \_\_\_\_\_

Should you receive an AzAHPERD JRFH/HFH Grant, please indicate whom the check should be written, i.e., school district, school, or P.T.O.

Check Made Out To: \_\_\_\_\_

Attention: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Please contact Donna Moore, [moore@azahperd.org](mailto:moore@azahperd.org), if there are any questions.

**Please provide the following information on a separate piece of paper:  
(Please Limit This Narrative to 3 Pages)**

1. Describe your current Physical Education program. Include the current Physical Education facilities, number of students served, ethnic diversity, and average class size. In addition, describe anything that is unique regarding your program.
2. Describe in detail how this grant would improve your Physical Education program. Include a timeline of implementation, plans of evaluation, and a detailed budget for the project. Include the National Physical Activity Standards, which will be addressed through this grant.

<b>Evaluation Rubric:</b>	5	=	Exceptional
	4	=	Above Average
	3	=	Average
	2	=	Below Average
	1	=	Incomplete/Inappropriate

**The AzAHPERD JRFH/HFH Grant applications will be evaluated on the following criteria:**

1. A Description Of:
  - Current Physical Education program, i.e., health related fitness, students centered, sports centered.
  - Current facilities available to conduct a Physical Education program.
  - The number of students who will benefit from the grant, i.e., total number of students in the school, average class size, ethnic diversity.
  - Anything unique about the current physical Education program, i.e., methodology, students, present courses offered).
  - How the funding of this grant will positively impact your Physical Education program.
  - The timeline to implement the grant.
  - The National Standards this grant will address as it is implemented.
  - A plan to evaluate the success of the project, i.e., pre-assessments, student assessments, teacher assessments, post-assessments.
  - Proposed budget design, which will include a list of the vendors and the actual cost of the equipment.
2. Proper grammar, sentence structure, spelling, punctuation, etc.
3. Grant application supports an exceptional project, which would have a great impact on the individual's school Physical Education program.

**Please provide contact information of local media and individuals whom should be notified regarding your grant award.**

<b>Name:</b>	_____	<b>Title:</b>	_____
<b>Address:</b>	_____	<b>City:</b>	_____
<b>State:</b>	_____	<b>Zip:</b>	_____
<b>Email:</b>	_____		
<b>Name:</b>	_____	<b>Title:</b>	_____
<b>Address:</b>	_____	<b>City:</b>	_____
<b>State:</b>	_____	<b>Zip:</b>	_____
<b>Email:</b>	_____		

**I understand if I (we) receive this grant; a one-page narrative evaluation is to be submitted to the AzAHPERD JRFH/HFH Coordinator in May 2010. I also understand if any information on the grant application is found to be inadequate, or if I fail to complete the JRFH/HFH event or evaluation report, I agree to return any and all monies upon request.**

Applicant's Signature: _____	Date: _____
Administrator's Signature: _____	Date: _____

**Return application to:  
AzAHPERD, [JRFH/HFH](#) Grant, 5235 East Southern Avenue D106-461 Mesa, AZ 85206  
Application deadline is August 14, 2009**